

Is the Gateway process the key to your space and time travel?

By NEEL ROBERTS

When I used to watch the '67 Spider-Man series as a kid, one episode "Revolt in the Fifth Dimension" [https://archive.org/details/Spider-Man-67-Collection/Season+3+\(1970\)/10++Revolt+In+The+Fifth+Dimension.mkv](https://archive.org/details/Spider-Man-67-Collection/Season+3+(1970)/10++Revolt+In+The+Fifth+Dimension.mkv) always stuck with me. The creators masterfully mingled the psychedelic 60s music scene into the theme of multiple universes of good versus evil. Our hero saved our Solar System from the evils of Infinata who destroys worlds at his whim. Is this entertainment or has "some" truth in it? A recent report by journalist Greg Reese "Gateway Process, The CIA, & Mankind's Hidden Potential" <https://www.infowars.com/posts/gateway-process-the-cia-mankinds-hidden-potential/> gives an insightful story on how we may have the potential to transcend time and space thought our conscience. The CIA declassified documents <https://www.cia.gov/readingroom/docs/CIA-RDP96-00788R001700210016-5.pdf> over 20 years ago and the revelations are quite startling.

The agency had been actively studying it since 1983 but the idea of frequency mobility is a concept thousands of years old. Those who take meditation to an advanced level have testified seeing things totally out of the norm.

According to an India Times article <https://www.indiatimes.com/technology/science-and-future/cia-secret-program-gateway-experience-534724.html> researchers can fool the brain into switching from Beta to Theta by making it listen to an external theta frequency. In Hemi-Sync, it introduces a frequency in the left ear that's 10Hz higher than the one being introduced in the right ear.

Listening to both different frequencies it tries to stabilise this to a single level.

This phenomenon is called beat frequency. A Vice editorial details <https://www.vice.com/en/article/7k9qag/how-to-escape-the-confines-of-time-and-space-according-to-the-cia> what distinguishes the Gateway process from hypnosis, TM, and biofeedback, is that it requires achieving a state of consciousness in which the electrical brain patterns of both hemispheres are equal in amplitude and frequency.

This is called Hemi-Sync. Lamentably, and perhaps conveniently, we cannot as humans achieve this state on our own. The audio techniques developed by Bob Monroe and his Institute (which comprise a series of tapes), claim to induce and sustain Hemi-Sync.

As always the doubters would scream "conspiracy theory" even though the conspiracy theorists been a winning streak for a while and there's always a faint hope the doubters maybe right this time.

However, if they're wrong again, they'll miss out on the greatest secret in the Universe. "The Best Is Yet To Come!"

Sky watch for the next month: Download this month's sky free chart at <http://whatsouttonight.com/Resources/202303MarWOTSky.pdf>, <https://in-the-sky.org/newscast.php?month=3&year=2023&maxdiff=6#date> el, <https://www.heavens-above.com/SkyChart.aspx>

1. Mars and Quarter Waxing Moon close- On Tuesday March 28th after sunset look up as they will be up all night. https://in-the-sky.org/news.php?id=20230328_20_100
2. Spring Equinox- On Monday, March 20 at 09:24 pm and the days are getting noticeably longer. <https://www.timeanddate.com/calendar/spring-equinox.html>
3. Daylight Savings here- Set your clock ahead at 02:00 am Sunday, March 12th. <https://www.timeanddate.com/time/change/canada/lethbridge>
4. Zodiacal Light- Did you catch this last month? It's a faint, roughly triangular, whitish glow seen in the night sky extended up from the vicinity of the sun along the ecliptic or zodiac. Best time is from Thursday, March 09th for 2 weeks in the West after evening twilight. <https://earthsky.org/astronomy-essentials/everything-you-need-to-know-zodiacal-light-or-false-dawn>

Public Events for the next month: Check out the all RASC Calgary gatherings at- <https://calgary.rasc.ca/calendar2023.htm>

Monthly Open House at Calgary's Rothney Observatory near Priddis- Space Night-Exploring the biggest questions in astrophysics with the smallest of measurements. In the sky, the waning third quarter moon phase, will provide views of our lunar neighbour. Fiery red Mars will be straight over head as it moves through the night sky close to the head of Taurus the bull. Leo will be rising in the east as promise of Spring. There will be an array of scopes operated by University of Calgary astronomers and members of the RASC Calgary. You will have the opportunity to look through the telescopes, indoor presentation and astronomers will be on hand to answer questions on Saturday March 11th, 2023 8:00-11:00 pm.

The entrance fee \$10 per person and can be purchased at <https://www.eventbrite.ca>. For further information, contact Jennifer Howse at jhowse@phas.ucalgary.ca, (403) 931-2366. Their website <https://science.ucalgary.ca/rothney-observatory> is updated regularly.

Happy Spring and Longer Days!
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